

**SHARING THE FAITH: WEEKLY EMAIL DEVOTION  
FOR THE WEEK ENDING FEBRUARY 28, 2010**

**Reading for February 24, 2010, Lenten Wednesday Evening:**

**DEUTERONOMY 5:12-15**

Observe the sabbath day and keep it holy, as the LORD your God commanded you. <sup>13</sup>For six days you shall labour and do all your work. <sup>14</sup>But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. <sup>15</sup>Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

**Note:** *Real Faith for Real Life* is a book by Michael W. Foss that discusses “Living the Six Marks of Discipleship.” Join Pastor Becky each Wednesday evening at 6:30 p.m. during Lent to delve more deeply into these six marks. Each week during Lent, Trinity’s *Sharing the Faith* devotions, along with the Wednesday Lenten worship, and Becky’s class will focus on one of the six marks discussed in the book. This week’s focus is on ***weekly worship***.

**Faith Questions:**

1. In your mind, what does “proper” worship look like? How do we worship? Where do we worship? Are there any “non-traditional” ways of worshipping that are meaningful to you? What are they?
2. Why do you worship? Why does the Body of Christ, the church, worship?
3. In his book, Michael Foss talks about five reasons we worship: because of the gift of Sabbath, for our soul’s renewal, to honor God in community, as a witness to others, and as a weekly compass for our lives. Which of these five things resonates most closely with your own feelings about worship? Which one don’t you understand or would you like to know more about?
4. “Worship is not optional.” Foss states in his book that worship is not optional for many reasons, one of which is simple obedience to the Call and Model of Christ. Do you agree with the statement that “worship is not optional”? Why or why not?
5. **Faith Challenge:** How has worship been a gift to you? How could it be a gift to you? Foss writes: “I want to challenge you to worship weekly for just three months. Go with high expectations. Go seeking God. Let your soul watch for the coming of the Savior. Open your heart and mind to the gift of worship and see what happens.” Try it!

**Let us pray:**

O come, let us worship and bow down, let us kneel before the Lord, our Maker! For he is our God, and we are the people of his pasture, and the sheep of his hand. (Psalm 95:6-7)

*For whom else, and for what else, shall we pray? (Insert your own prayer here)*  
Amen.

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Devotion prepared by staff at Trinity Lutheran Church, Lansdale, Pennsylvania, under the direction of Rebecca Kolowé, Diaconal Minister.

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